



Today's Meeting

Natural Health

Past President **Tim Brayton** chairs this morning's meeting in the absence of **President Al**, who continues to be away. Our program guest is **Stephanie Sabouchian**, on the subject of reflexology.

Welcomes
Visiting Rotarians and Guests
September 19, 2007

Thanks to **Debbie Lantz** for arranging today's program

Club Life

Tomorrow is Claremont Day at the L.A. County Fair, and **Cindy Rainey** is shepherding a **Sunrise** booth. We assume volunteers have signed up for stints between 9:00 a.m. and 2:00 p.m., and will prove winsome ambassadors for the club. Way to go!!

Past President Chuck continues to herd Sunrisers toward the noon club's "**Fall Round-up & Western BBQ**" at the "Rancho Trombley" [739 Harvard Avenue] on September 29. The event begins at 6:00 p.m. and features a face-off with the senior club in Pictionary. The cost is \$20, and it's a matter of honor, it seems. See **Chuck Freitas** today.

Last week, in a club assembly, members looked ahead at **fundraising activities** for the next year. On the docket was discussion the golf tournament, Hang Out at the Hangar, and the possibility of a casino night. ----- Suggestions about the tournament, which will come up in November, include reducing the golf portion to 9 holes (maybe played with only four golf clubs!) and emphasizing the dinner/social hour. There was continued support for having the dinner at The Gardens, with more focus on auction items. The golf portion would continue to memorialize former sunriser **Cliff Henry**. ----- The Hang Out got generally wide support as an event. It was noted, however, that better directions and signage are needed to help get people to the site. ----- The idea of a casino night was floated, and possible configurations were described. Reference was made to an existing constituency for such an event. ----- The goal in all three activities is to involve people from the wider community in support of Sunrise charities.

Also last week, **Patricia Dillon** read a short poem of resistance (to terrorism) from **Cate Powell**, our Ambassadorial Scholar in Hyderabad, India. It declared: "we shall not oblige."



The Fine Print

Program Chairs for 2007-2008

Sept	Debbie Lantz	Mar	John Goss
	Cindy Rainey		Doug Thompson
Oct	Chuck Doskow	Apr	Patricia Dillon
Nov	Mike O'Brien		Tim Brayton
	Dave Hunt	May	Mike Wilcock
Dec	Lisa Hahn Smith		Al Shine
Jan	Rich Phillips	June	Paul Henry
	Rod Parrott		Tim Tipping
Feb	Ken Rowland	July	Dave Seccombe
	Reggie Yates		Al Jack

For your Calendars

Sept 20 – Sunrise Day at the Fair
 Sept 29 – BBQ & Pictionary Challenge, Claremont
 Apr 24-27 – District Convention, Irvine
 June 16 – Hospitality Night, LA Int'l Convention

Invocations and Sergeants (unless otherwise arranged)

	Invocation	Sergeant
Today	Rod Parrott	Dave Hunt
Sept 26	Lisa Hahn Smith	Chuck Leeb
Oct 3	Al Jack	Doug Thompson
Oct 10	Rod Parrott	Tim Tipping

Nearby District 5300 Clubs

Tuesday

Covina Sunrise, 7:15 a.m., South Hills Country Club (dress code)
 Walnut Valley, 7:00 a.m., Millie's Restaurant, Walnut
 Rancho Cucamonga Sunrise, 7:15 a.m., Empire Lakes Golf Club
 Rancho Del Chino, 7:15 a.m., Mimi's Cafe
 Glendora, 12:00 noon, The Continental
 Pomona, 12:10 p.m., Fairplex Sheraton
 Rancho Cucamonga, 12:00 noon., Etiwanda Gardens

Wednesday

West Covina Sunrise, 7:10 a.m., South Hills Country Club (dress code)
 Chino, 12:15 p.m., Community Building
 San Dimas, 12:00 noon, Via Verde Country Club
 Upland, 12:10 p.m., Upland Hills Golf Club
 West Covina, 12:15, South Hills Country Club (dress code)

Thursday

Azusa, 12:00 noon, Golden State Buffet
 Covina, 12:10 p.m., South Hills Country Club (dress code)
 Diamond Bar, 6:30 p.m., Diamond Bar Country Club
 Foothills Sunrise, 7:00 a.m., Huntington/East Valley Hospital, Glendora
 La Verne, 12:10 p.m., Sierra La Verne Country Club
 Ontario, 12:15 p.m., Doubletree Hotel

Friday

Claremont, 12:10 p.m., Hughes Community Center

Links

Rotary International: www.rotary.org
 District 5300: www.district5300.org
 Sunrise webpage: <http://claremontsunrise.clubwizard.com>
 Sunrise bulletin editor: rod.parrott@verizon.net.



Claremont Sunrise Rotary

Chartered May 22, 1986

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 Tim Brayton, Attorney/Civil, 399-9977 *+
 "Wild" Bill Chetney, Financial Planning, 626-4642
 Will Dale, Wholesale/Steel Supplies (ret.), 946-3431
 Patricia Dillon, Education/Economics, 607-3398*
 Charles Doskow, Education/Law, 460-2041
 John Forney, Ministry, 917-6081
 Chuck Freitas, Educ./Administration, 398-0656*+
 John Goss, Gen. Contractor, 626-969-5050
 Steve Hammitt, Insur/Life & Disabil, 625-7851**+
 Paul Henry, Bus. Promotions, 624-0601
 Stu Holmes, Attorney/Criminal, 621-5886 **+
 Dave Hunt, Numismatics, 519-2519*
 Alan Jack, Medical Imaging (ret.), 373-5945*
 Ken Jacobsen, Admin (CFO)/Retirement Ctr 626-3242
 Daniel Kentner, Asset Mgmt, 625-3282**
 Debbie Lantz, Retail/Jewelry, 399-9133**
 Chuck Leeb, Psychology, 624-4294 *+
 Lou Manjarrez, Optician, 981-3541**+
 Jack McDermott, Ophthalmology, 624-8077
 Mike O'Brien, Attorney, 626-9999
 Rod Parrott, Education/Theol (ret.), 624-2951 **+
 J. Richard Phillips, Education/Engineering (ret.), 621-8019
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 Andrew Rountree, Independent Living, 621-6722 x 12

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 Lisa Hahn Smith, Publishing, 981-7808 x203
 Arnie Thompson, Architect (ret.), 624-6503*
 Doug Thompson, Services/Financial, 624-3755+
 Tim Tipping, Computer Services, 621-5007
 Mike Wilcock, Auto Sales/Leasing, 624-4541
 Reginald Yates, Judicial (ret.), 621-7507

Key: *=*Paul Harris Fellow*; +=*past president*
 **=*multiple PHF*

All telephone numbers are area code 909 unless otherwise noted.

Honorary Members: Bob London, Sylvie Pheulpin, Jerry Tambe, Shel Wellins

Board Members:

President. Alan Jack
 President-Elect. Dan Kentner
 President-Elect-Elect.
 Secretary/Treasurer. Stu Holmes
 Int'l Service Projects. Mike O'Brien
 Club Administration & Water Projects. Dave Hunt
 Fundraisers & Public Relations. Doug Thompson
 Recording Secretary. Ken Rowland
 PHF & RI Foundation. Steve Hammitt
 Ambassadorial Scholarships. Patricia Dillon
 Past President. David Seccombe

Supporting

Claremont Best Bet, Corazón, Shoes that Fit, Claremont Police Explorers, Pomona Valley Special Olympics, Uncommon Good, Youth Wellness Center, Claremont Red Cross, Spanish Trails Girls Scout Council, Boy Scouts, Foothill Philharmonic, Rancho Santa Ana Botanic Garden, Young Life, Healthy Start, and the Claremont Community School of Music.